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Touchmark to host AARP course in January to aid seniors in becoming safer, smarter drivers

BISMARCK, N.D. — Seniors from across the region will have a chance to sharpen their driving skills and possibly earn an insurance discount through an AARP Smart Driver Course held at Touchmark on West Century on January 22. This course teaches valuable defensive driving strategies and provides a refresher of the rules of the road. Drivers learn research-based tips to adapt their driving to compensate for physical and cognitive changes that may occur with aging.

Duane Bergeson, a State Coordinator for AARP, will teach the class. The course will run from 10 a.m. to 3 p.m. on Tuesday, January 22.

Touchmark resident Edith Ripplinger has attended the course twice in her nine years at Touchmark and plans to attend this one for at least one big reason. "It is worth your time and effort, even if you just pick up a few tidbits of information," Ripplinger says. "For me, I attend for the deduction on my insurance!"

There are no tests to pass, and the course is open to drivers of all ages. Cost for the course is \$15 for AARP members or \$20 for others. Lunch will be available for purchase on-site. Attendees may be eligible to receive a discount on auto insurance after completing the course. Consult an insurance agent for details. Individuals are asked to call 701-323-7000 to preregister.

About Touchmark

A full-service retirement community, Touchmark on West Century offers a range of homes and lifestyle options for people 55-plus years. An on-site health and fitness club is open to anyone over 50 and features a variety of fitness options. For more information, visit Touchmark.com.

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