











February 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 9:30 Morning Refreshment 10:00 Scenic Bus Ride 10:00 Morning Exercise 10:45 Songs on the IN2L Lets have fun!!!! 1:00 Relaxing Music Therapy 1:45 Sing A Long 2:30 Drinks & Snacks 3:00 Fun Games with Jennifer	2 Ground Hog Day 9:30 Morning Refreshment Word of the Day 10:00 Songs with Debra 10:45 Trivia & Games 1:00 Relaxing Music Therapy 1:30 Chuck Plays Our Favorites Join us in the TV Room 2:30 Afternoon Snacks 3:00 Classical Saturday Afternoon Matinee 
3 Super Bowl Sunday 9:30 Morning Refreshment Word of the Day 10:00 Reminiscing with Friends in TV Room with Debra Sunday Sing A Long 10:45 Relaxing Music Therapy 1:00 Puppy Bowl Pre Game Show 1:30 Super Bowl Snacks 2:30 Super Bowl Puppy Bowl 3:00 Team Ruff VS Team Fluff 	4 New Moon 9:30 Morning Refreshment Word of the Day Get fit for the week 10:00 Wake Up Exercises Trivia with Jennifer 10:45 Relaxing Music Therapy 1:00 Entertainment by Mr. Ron 1:30 Drinks & Snacks 3:00 Crafting with Laura Join us in the Art Room 	5 9:30 Morning Refreshment 9:30 Communion Service 10:00 Fun & Fit Exercise Class 10:45 Healthy Brain Games Join us in the TV Room Relaxing Music Therapy 1:00 Entertainment by: Russ 1:30 Drinks & Snacks 2:30 Drinks & Snacks 3:00 Art Class with the J's	6 9:30 Morning Refreshment 10:00 Scenic Ride 10:00 Get Fit Exercise 10:45 How many words can you find? 1:00 Relaxing Music Therapy 1:45 Bible Study & Guitar With Brent 2:30 Drinks & Snacks 3:00 Annie on the Piano Join us in the TV Room	7 9:30 Morning Refreshment Word of the Day 10:00 Songs with Debra Join us in the TV Room Memories from the Heart 10:45 Realizing Music Therapy 1:00 Fun Facts with Jeannine 1:30 Drinks & Snacks 2:30 Bright and Fun Coloring 3:00 Join us in the Art Room	8 9:30 Morning Refreshment 10:00 Scenic Bus Ride 10:00 Morning Exercise 10:45 Songs on the IN2L Lets have fun!!!! 1:00 Relaxing Music Therapy 1:45 Sing A Long 2:30 Drinks & Snacks 3:00 Fun Games with Diana	9 9:30 Morning Refreshment 10:00 Fun & Fit Exercise & Beach Ball Therapy 10:45 Trivia & Games 1:00 Relaxing Music Therapy 1:30 Gino Sings for us Join us in the TV Room 2:30 Afternoon Snacks 3:00 Saturday Afternoon Games Join us in the TV Room
10 Shirley's Birthday 9:30 Morning Refreshment Word of the Day 10:00 Chair Aerobics and Beach Ball Therapy in TV Room Sunday Sing A Long 10:45 Relaxing Music Therapy 1:00 Hodgepodge Sunday 1:30 Afternoon Snacks 2:30 Sunday Afternoon Old TV Shows in the TV Room 	11 9:30 Morning Refreshment Word of the Day 10:00 Wake Up Exercises Get fit for the week 10:45 Trivia with Debra 1:00 Relaxing Music Therapy 1:45 Sensory Exercises with Jeannine 2:30 Drinks & Snacks 3:00 Entertainment by Russ Join us in the TV Room	12 9:30 Morning Refreshment 9:30 Communion Service 10:00 Fun & Fit Exercise Class 10:45 Healthy Brain Games Join us in the TV Room Relaxing Music Therapy 1:00 Entertainment by: Ed 1:30 Drinks & Snacks 2:30 Baking with Jeannine & Jennifer 3:00 	13 9:30 Morning Refreshment Word of the Day 10:00 Get Fit Exercise 10:45 How many words can you find? 1:00 Relaxing Music Therapy 1:45 Bible Study & Guitar With Brent 2:30 Drinks & Snacks 3:00 Annie on the Piano Join us in the TV Room	14 Valentine's Day 9:30 Morning Refreshment Word of the Day 10:00 Fun & Fit Exercise Join us in the TV Room 10:45 Valentine Movie 1:00 Realizing Music Therapy 1:30 Valentines Songs with Ed 2:30 Valentines Drinks & Snacks 3:00 Cupid Annie Sings Valentines Songs with dancing & fun 	15 9:30 Morning Refreshment 10:00 Scenic Bus Ride 10:00 Morning Exercise 10:45 Songs on the IN2L Lets have fun!!!! 1:00 Relaxing Music Therapy 1:45 Sing A Long 2:30 Drinks & Snacks 3:00 Fun Games with Diana	16 9:30 Morning Refreshment 10:00 Songs with Debra Join us for some fun tunes 10:45 Trivia & Games 1:00 Relaxing Music Therapy 1:30 Chuck Plays Our Favorites Join us in the TV Room 2:30 Afternoon Snacks 3:00 Classical Saturday Afternoon Matinee
17 9:30 Morning Refreshment Word of the Day 10:00 Reminiscing with Friends in the TV Room with Debra Sunday Sing A Long 10:45 Relaxing Music Therapy 1:00 Hodgepodge Sunday 1:30 Afternoon Snacks 2:30 Sunday Afternoon Old TV Shows in the TV Room	18 Presidents Day 9:30 Morning Refreshment Word of the Day 10:00 Wake Up Exercises Get fit for the new year 10:45 Trivia with Jennifer Relaxing Music Therapy 1:00 Crafting with Laura 1:45 Join us in the Art Room 2:30 Drinks & Snacks 3:00 Diana's Fun Games 	19 Full Moon 9:30 Morning Refreshment 9:30 Communion Service 10:00 Fun & Fit Exercise Class 10:45 Healthy Brain Games Join us in the TV Room Relaxing Music Therapy 1:00 Entertainment by: Julie 1:30 Drinks & Snacks 2:30 Drinks & Snacks 3:00 Art Class with the J's 	20 9:30 Morning Refreshment 10:00 Scenic Ride 10:00 Get Fit Exercise 10:45 How many words can you find? 1:00 Relaxing Music Therapy 1:45 Bible Study & Guitar With Brent 2:30 Drinks & Snacks 3:00 Annie on the Piano Join us in the Family Room Please join us for a fun time	21 9:30 Morning Refreshment Word of the Day 10:00 Songs with Debra Join us in the TV Room Memories from the Heart 10:45 Relaxing Music Therapy 1:00 Fun Facts with Jeannine 1:30 Drinks & Snacks 2:30 Bright and Fun Coloring 3:00 Join us in the Art Room	22 9:30 Morning Refreshment 10:00 Scenic Bus Ride 10:00 Morning Exercise 10:45 Songs on the IN2L Relaxing Music Therapy 1:00 Sing A Long 1:45 Drinks & Snacks 2:30 Fun Games with Jennifer	23 9:30 Morning Refreshment 10:00 Fun & Fit Exercise & Beach Ball Therapy 10:45 Trivia and Games 1:00 Relaxing Music Therapy 1:30 Gino Sings for us Join us in the TV Room 2:30 Afternoon Snacks 3:00 Saturday Afternoon Games Join us in the TV Room
24 9:30 Morning Refreshment Word of the Day 10:00 Chair Aerobics Beach Ball Therapy in TV Room Sunday Sing A Long 10:45 Relaxing Music Therapy 1:00 Hodgepodge Sunday 1:30 Afternoon Snacks 2:30 Sunday Afternoon Old TV Shows in the TV Room	25 9:30 Morning Refreshment Word of the Day Get fit for the week 10:00 Wake Up Exercises 10:45 Trivia with Jeannine Relaxing Music Therapy 1:00 Sensory Exercises with Jeannine 1:45 Drinks & Snacks 2:30 Entertainment by Russ 3:00 Join us in the Family Room	26 9:30 Morning Refreshment 9:30 Communion Service 10:00 Fun & Fit Exercise Class 10:45 Healthy Brain Games Join us in the TV Room Relaxing Music Therapy 1:00 Entertainment by: Matt 1:30 Drinks & Snacks 2:30 Baking with Jeannine & Jennifer 3:00	27 9:30 Morning Refreshment Word of the Day 10:00 Get Fit Exercise 10:30 How many words can you find? 1:00 Relaxing Music Therapy 1:45 Bible Study & Guitar With Brent Come Listen to the songs 2:30 Drinks & Snacks 3:00 Annie on the Piano Join us in the TV Room	28 9:30 Morning Refreshment Word of the Day 10:00 Fun & Fit Exercise Join us in the TV Room Finish The Phrase 10:45 Realizing Music Therapy 1:00 Melodies with Diana 1:30 Drinks & Snacks 2:30 Bright and Fun Coloring 3:00 Join us in the Art Room	