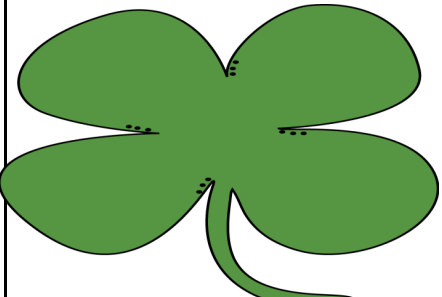


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>(1) Cognitive/Creative (2) Physical (3) Productive (4) Social (5) Sensory (6) Reflective/Spiritual (7) Outdoor (8) Nature/Natural World</p>	<p>Van Ride Monday-Wednesday, Thursday, Friday 1:00 Pm Manicures Monday, Wednesday, Fri 1:00– 2:00 ACTIVITIES 30-60 MINUTES EACH Changes to the calendar will be made on the main calendar</p>		<p>Birthdays Marie Moore 3/16 Nancy Firebaugh 3/31</p>	<p>Family Night Entertainment Sweet Teaz </p>	<p>1 Lunch Outing 10:00 Devotions w / Teresa 6 10:30 Sit & Fit 2 11:00 Brain Aerobics 1 11:30 Market at Main 4 2:00 Endless Trivia 1 3:00 Rummy 500 1</p>	<p>2 10:00 Daily Chronicles 1 10:30 Table Games 1 3:00 Music w/ Billy Taylor 4 6:30 Card Club 1</p>
<p>3 10:00 Calvary Chapel 6 2:00 Board Games 1</p>	<p>4 World Tennis Day 10:00 Devotions w / Jamie 6 10:30 Strength & Balance 2 11:00 Daily Chronicles 1 11:30 Coffee Break 4 1:00 Library Trip 3 2:00 Chair Tennis 2 3:00 Bingo 1</p>	<p>5 Fat Tuesday 10:00 Morning Devotions 6 10:30 Sit & Fit 2 11:00 Brain Aerobics 1 11:30 Daily Chronicles 1 2:00 Music w/ Nick Blanton 6 3:00 Fat Tuesday Social 4</p>	<p>6 10:00 Devotions w/Nancy 6 10:30 Music w/ Robert 6 11:00 Daily Chronicles 6 2:00 TRBC Bluegrass 6 3:00 Rummy 500 1</p>	<p>7 Do Not Pass Go Day 10:00 Daily Chronicles 1 10:30 Brain Aerobics 1 10:45 Dear Abby 4 11:00 Devotions w/ Dick & Norma 6 1:30 Men's Bunch /Game Day 4 2:00 Monopoly Game 1 3:00 Bingo 1</p>	<p>8 Peanut Cluster Day 10:00 Devotions w / Teresa 6 10:30 Strength & Balance 2 10:30 Harpist Room Visits w/ Susan 6 11:00 Brain Aerobics 1 11:30 Daily Chronicles 1 2:00 Word Game /Peanut Cluster 1 3:00 Table Games 1</p>	<p>9 10:30 Daily Chronicles 1 1:30 Wings on Prayer 6 3:00 Resident's Bingo 1 6:30 Card Club 1</p>
<p>10 2:30 Dennis From TRBC 6 3:30 Checkers 1</p>	<p>11 10:00 Devotions w/Jamie 6 10:30 Sit & Fit 2 11:00 Daily Chronicles 1 11:30 Coffee Break 4 12:30 Venue Cinema 4 3:00 Bingo 1 6:30 Saving Grace 6</p>	<p>12 Coca-Cola Day 10:00 Strength & Balance 2 11:00 Morning Devotions 6 11:15 Brain Aerobics 1 11:30 Daily Chronicles 1 2:00 Coca-Cola Ring Toss 2 3:00 Wine & Cheese Party 4 4:00 What would you Do? 1</p>	<p>13 10:00 Devotions w/ Nancy 6 10:30 Morning Stretch 2 11:00 Daily Chronicles 1 2:00 The Irish Girls 4 3:00 Crafting Time w/ Cindy 2 4:00 Penny Ante 1</p>	<p>14 Country Store 10:00 Strength & Balance 2 11:00 Morning Devotions 6 11:15 Daily Chronicles 1 1:30 Men's Bunch / Movie Time 4 2:00 Country Store 3 3:00 Bingo 1</p>	<p>15 10:00 Wayne & Milinda Underwood 6 10:30 Sit & Fit 2 11:00 Brain Aerobics 1 11:30 Daily Chronicles 1 2:00 Drama Club 3 3:00 St. Patrick's Day Social 4</p>	<p>16 10:00 Devotions w/ Michelle 6 3:00 Board Games 1 6:30 Card Club 1</p>
<p>17 ST. Patrick's Day 10:00 Calvary Chapel 6 1:00 Crafts w/ Girl Scout Troop 765 4 3:30 Lynch Station Men's Quartet 6 </p>	<p>18 10:00 Devotions w/ Jamie 6 10:30 Sit & Fit 2 11:00 Daily Chronicles 1 11:30 Coffee Break 4 2:00 Bocce Ball w/ DB 2 3:00 Bingo 1</p>	<p>19 Poultry Day 10:00 Strength & Balance 2 11:00 Morning Devotions 6 11:15 Brain Aerobics 1 11:30 Poultry Trivia 1 2:00 The Gospel Trio 6 3:00 Wine & Cheese Party 4 4:00 Drama Club 3</p>	<p>20 Birthday Party 10:00 Devotions w/ Nancy 6 10:30 Morning Stretch 2 11:00 Daily Chronicles 1 1:00 Resident Council 3 2:00 Birthday Party 4 3:00 Music w/ McKinley 6 4:00 Card Games 4</p>	<p>21 Fragrance Day 10:00 Strength & Balance 2 11:00 Devotions w/ Dick & Norma 6 1:30 Men's Bunch 4 2:00 Riddle On the Harp 2 3:00 It Makes Scents 5</p>	<p>22 Lunch Outing 10:00 Devotions w/ Teresa 6 10:30 Sit & Fit 1 11:00 Brain Aerobics 1 11:30 Red Lobster 4 2:00 The Tuskegee Airman Movie 4 3:30 Music w/ Gary Witt 4</p>	<p>23 10:00 Daily Chronicles 1 3:00 Keith Campbell 4 6:30 Card Club 1</p>
<p>24 10:00 Grace Assembly 6 2:30 Wayne & Milinda 6</p>	<p>25 10:00 Devotions w/ Jamie 6 10:30 Sit & Fit 2 11:00 Daily Chronicles 1 11:30 Coffee Break 4 2:00 Cooking w Graham 5 3:00 Bingo 1</p>	<p>26 10:00 Strength & Balance 2 11:00 Morning Devotions 6 11:15 Brain Aerobics 1 11:30 Daily Chronicles 1 2:00 Table Games 1 3:00 Wine & Cheese Party 4 4:00 Giant Scrabble Game 1</p>	<p>27 Cherry Tree Day 10:00 Devotions w/ Nancy 6 10:30 Light & Lively 2 11:00 Daily Nostalgia 1 2:00 Cherry Social 4 2:30 Spring Tea Party w/ Kathy 4 4:00 Uno Card Game 1</p>	<p>28 Baseball Opening Day Family Night 10:00 Strength & Balance 2 11:00 Morning Devotions 6 11:15 Daily Chronicles 1 1:30 Men's Bunch 4 2:00 Batter Up 2 5:00 Family Night 4 6:00 Sweet Teaz / Entertainment 4</p>	<p>29 Wal Mart Day 10:00 Devotions w/ Teresa 6 10:30 Sit & Fit 1 11:00 Brain Aerobics 1 11:30 Daily Chronicles 1 1:00 Wal Mart Trip 7 2:00 Hill City Saxophones 6 3:00 Drama Club 3</p>	<p>30 10:00 Daily Chronicles 1 3:00 Board Games 1 6:30 Card Club 1</p>
<p>31 10:00 Resident Devotions 6 2:30 Gaither's Video 6</p>	<p>March 20 Spring </p>	<p></p>	<p>Manicures Monday, Wednesday, Friday 1:00 –2:00 </p>	<p>Van Ride Mon. Wed. Thur. Fri 1:00p.m. </p>	<p></p>	<p>Family & Friends are encouraged to participate in our activities or outings. If you are interested please contact Sheryl Hunt 477-5929 </p>



Heritage Green Leadership Team

Heather Pippen
Assisted Living Administrator

Alice Waller— LPN
Resident Care Director
Corey Hill
Memory Care Director

Debbie Brown—Memory Care
Cheryl Knight— Assisted Living
Associate Resident Care Directors

Waddell Hill
Environmental Services Director

Gena Callahan
Marketing & Admissions Director

Melody Thomas
Business Office Director

Clarissa Chapman -Memory Care
Sheryl Hunt—Assisted Living
Life Enrichment Directors

Graham Wilson
Dining Services Director



Market at Main 3/1

Venue Cinema 3/11

Red Lobster 3/22

Wal Mart 3/29



March Birthdays

Marie Moore 3/16

Nancy Firebaugh 3/31



Join Us!!!

Join us on Thursday March 28 for
our Madi Gras Family Night 5 p.m.
Entertainment by Sweet Teaz Karaoke



Heritage Green Assisted Living
200 & 201 Lillian Lane
Lynchburg VA 24502