



PARSONS HOUSE PRESTON HOLLOW

4205 W. Northwest Hwy. • Dallas, TX 75220 • (214) 357-7900

March 2019

HAPPY BIRTHDAY

Rita Moles	03/01
Meseret Zegeye	03/01
Jim Moore	03/09
Suzy Ruiz	03/11
Carol Ortega	03/13
Sarah Lowe	03/27
Margaret Johnson	03/27



Happy Smiles on Happy Faces at the Bachman Lake Park



Residents Line Up for the Great Golf Challenge at the Parsons House Putting Green

Make Your Own Luck

Would you like to increase the odds of something good happening in your life? Good luck is more likely to strike if you step out of your comfort zone and are receptive to fresh opportunities. Experts say that being open to new activities, people and places can help create more positive experiences.



Looking as Beautiful as Ever is our Emeline, Turning 92 Years Young

Positive Thought

"You carry the passport to your own happiness."
—Diane von Furstenberg



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



TRANSPORTATION
TUESDAY
Doctors' Appointments
Beauty Salon
&
Walmart
WEDNESDAY
Outing!
Call Suzy for any Appointment.
Calendar Subject to Change



10:00 ER Exercise
10:45 ER Manicures
10:45 ER Hydration
11:00 ER Shoulder Massage
2:30 ML Entertainment with David Callahan
4:00 ML Healthy living
6:30 PR Rummikub

10:00 ML Exercise
10:30 ML Sing & Scripture with Nancy
10:45 ML Hydration
1:30 MT Movie & Popcorn
2:30 ML Game Club
4:00 ML Healthy living
6:30 PR Rummikub

3
10:00 ML Exercise
10:45 ML Sing & Scripture
10:45 ML Hydration
1:30 MT Movie & Popcorn
2:30 ML Game Club
4:00 ML Healthy living
6:30 PR Rummikub

4
10:00 B Car Wash
10:45 B Hydration
2:30 MT For Love & Art♪
4:00 ML Healthy living
6:00 ML Mardi Gras Party♥
6:30 PR Rummikub

5
10:00 Walmart
10:00 B Exercise
10:30 ER Exercise with Lisa
10:45 Chef Chat with Mario
10:45 ER Hydration
2:30 PR Men's Club with Eric★
4:00 ML Healthy living
6:30 PR Rummikub

6
10:00 ER Communion & Blessing with St. Monica Catholic Church
10:00 ER Ash Wednesday★
10:00 Destination Ride- Downtown
10:30 OUT TO - Crafts at REC
10:45 ER Hydration
2:30 ML Destination Ride Downtown
4:00 ML Healthy living
6:30 PR Rummikub

7
10:00 ER Exercise
10:45 ER Spelling Bee
10:45 ER Hydration
2:30 MT YouTube-History Club
4:00 ML Healthy living
6:30 PR Rummikub

8
10:00 ER Exercise
10:45 ER Manicures
10:45 ER Hydration
11:00 ER Shoulder Massage
2:30 ML Birthday Party with Don Wall
4:00 ML Healthy living
6:30 PR Rummikub

9
10:00 ML Exercise
10:30 ML Sing & Scripture with Nancy
10:45 ML Hydration
1:30 MT Movie & Popcorn
2:30 ML Game Club
4:00 ML Healthy living
6:30 PR Rummikub

10
10:00 ML Exercise
10:45 ML Hydration
10:45 ML Sing & Scripture
1:30 MT Movie & Popcorn
2:30 ML Game Club
4:00 ML Healthy living
6:30 PR Rummikub

11
10:00 ER Exercise
10:30 ER Chair Tai Chi with Nanci
10:45 ER Hydration
2:30 ML Bingo
4:00 ML Healthy living
6:30 PR Rummikub

12
10:00 B Exercise
10:00 Walmart
10:30 B Gardening with Lisa
10:45 ER Hydration
2:30 ML Cooking 101-Chicken Quesadillas
4:00 ML Healthy living
6:30 PR Rummikub

13
10:00 ML Communion & Blessing with St. Monica Catholic Church
10:00 Destination Ride- White Rock Lake
10:30 ML Tea Party with Catholic Church★
10:45 ER Hydration
2:30 ML Bingo
4:00 ML Healthy living
6:30 PR Rummikub

14
10:00 ER Exercise
10:45 ER Trivia Time
10:45 ER Hydration
2:30 MT YouTube-History Club
4:00 ML Healthy living
6:30 PR Rummikub

15
10:00 ER Exercise
10:45 ER Hydration
10:45 ER Manicures
11:00 ER Shoulder Massage
2:30 ML Entertainment with Sherry Etzel
4:00 ML Healthy living
6:30 PR Rummikub

16
10:00 ML Exercise
10:00 OUT TO - THE FRONTIERS OF FLIGHT MUSEUM★
10:30 ML Sing & Scripture with Nancy
1:30 MT Movie & Popcorn
1:30 ML New Day Outreach Ministry
2:30 ML Game Club
4:00 ML Healthy living
6:30 PR Rummikub

17
10:00 ML Exercise
10:45 ML Hydration
10:45 ML Sing & Scripture
1:30 MT Movie & Popcorn
2:30 ML Game Club
3:00 Paws to Care - Hollywood the Therapy Dog
4:00 ML Healthy living
6:30 PR Rummikub

18
10:00 B Car Wash
10:45 B Hydration
1:00 MT For Love & Art♪
2:30 ML Get your Green with Tony Walsh♥
4:00 ML Healthy living
6:30 PR Rummikub

19
10:00 B Exercise
10:00 Walmart
10:30 ER Exercise with Lisa
10:45 ER Hydration
2:30 MT Ladies' Life Stories with Ginger♪
2:30 PR Men's Club with Eric★
4:00 ML Healthy living
5:00 ML Family Night
6:30 PR Rummikub

20
10:00 ER Communion & Blessing with St. Monica Catholic Church
10:00 Destination Ride -Bachman Lake
10:30 OUT TO - Parsons House Frisco
10:45 ER Hydration
2:30 ML Bowling on the green
4:00 ML Healthy living
6:30 PR Rummikub

21
10:00 ER Exercise
10:45 ER Spelling Bee
10:45 ER Hydration
2:30 MT YouTube-History Club
4:00 ML Healthy living
6:30 PR Rummikub

22
10:00 ER Exercise
10:45 ER Manicures
10:45 ER Hydration
11:00 ER Shoulder Massage
2:30 ML Welcome New Resident with Cowboy Bob
4:00 ML Healthy living
6:30 PR Rummikub

23
10:00 ML Exercise
10:30 ML Sing & Scripture with Nancy
10:45 ML Hydration
1:30 MT Movie & Popcorn
2:30 ML Game Club
4:00 ML Healthy living
6:30 PR Rummikub

24
10:00 ML Exercise
10:45 ML Hydration
10:45 ML Sing & Scripture
1:30 MT Movie & Popcorn
2:30 ML Game Club

25
10:00 ER Exercise
10:30 ER Chair Tai Chi with Nanci
10:45 ER Hydration
2:30 ML Golf on the Green
4:00 ML Healthy living
6:00 St. Patrick's Day with Sherry Etzel
6:30 PR Rummikub

26
10:00 Walmart
10:00 B Exercise
10:30 ER Exercise with Lisa
10:45 ER Hydration
2:30 ML Arts & Crafts
4:00 ML Healthy living
6:30 PR Rummikub

27
10:00 ER Communion & Blessing with St. Monica Catholic Church
10:00 Destination Ride- Margaret Hint Hill Bridge
10:30 OUT TO - Picnic
10:45 ER Hydration
2:30 ML Bingo
4:00 ML Healthy living
6:30 PR Rummikub

28
10:00 ER Exercise
10:45 ER Trivia Time
10:45 ER Hydration
2:30 MT YouTube-History Club
4:00 ML Healthy living
6:30 PR Rummikub

29
10:00 ER Exercise
10:45 ER Manicures
10:45 ER Hydration
11:00 ER Shoulder Massage
2:30 ML Entertainment with David Washburn
4:00 ML Healthy living
6:30 PR Rummikub

30
10:00 ML Exercise
10:30 ML Sing & Scripture with Nancy
10:45 ML Hydration
1:30 MT Movie & Popcorn
2:30 ML Game Club
4:00 ML Healthy living
6:30 PR Rummikub

31
10:00 ML Exercise
10:45 ML Sing & Scripture
10:45 ML Hydration
1:30 MT Movie & Popcorn
6:30 PR Rummikub

March 2019



***Residents and Families Enjoy an
Enchanting Evening at the Reunion Tower!***

