



## PARSONS HOUSE FRISCO

5850 Ohio Drive • Frisco, TX 75035 • (972) 668-4100

### March Birthdays

2 Deanna Trerotola

6 Charlene Sherbert

27 Honey Brown

Join us Thursday, March 28th, at 2:00 PM, for our Birthday Bash! Entertainment provided by Mike Nicosia.

Cake provided by Texas Home Health.



### Resident Spotlight - Jorge von Holstein

Jorge was born in Svendborg, Denmark on December 26, 1922 and lived his younger days in Sweden working on a farm originally owned by Count Ahlefeldt and later at a much larger farm in Wennberga.

Jorge made his first trip to America on the M.S. Batory in 1948 and while on the boat he saw a beautiful girl who was also coming to America for the first time. Her name was Ulla and he asked her to dance. They danced and talked all night and then explored New York City

## March 2019

### Resident Spotlight - Jorge von Holstein

together for a few days until they both went their own ways staying in contact even after going back home to Europe. They married in 1952 and then headed back to America to begin their new life together.

Life wasn't easy at the beginning, but with his hard-work ethic Jorge took several jobs ranging from farming, selling Electrolux vacuum cleaners door-to-door, working as a night watchman, serving as national sales manager for Westclox, and then in 1969 forming his own company where he actively worked for the next 30 years, retiring at the age of 77. He couldn't have done all of this without Ulla holding down the household raising two children. Jorge and Ulla always enjoyed traveling and have been fortunate enough to have traveled the world from USA to China, from the Arctic Circle to Cape Horn enjoying all types of cultures, foods, and experiences. In the middle of all the travelling Jorge found time to volunteer with Meals on Wheels, Medical City Plano, and befriending a homeless man for many years, even reconnecting him with his family.

His proudest moments are becoming an American citizen, having a son and daughter, 5 grandchildren and 3 great-grandchildren. Jorge has always been known for his positive and honorable attitude (just like his dad) and always making the best of any situation. Jorge moved to Parsons House last summer and has enjoyed making new friends as well as all the good food. His wife, Ulla, who still resides in their house in Plano, has also enjoyed meeting the wonderful people at PHF.



PARSONS HOUSE  
FRISCO

# March 2019

- LO Lobby 1st Floor 2 2nd Floor
- YR Yellow Rose Cafe 1st
- MC Media Center 3rd Floor
- OT Outing - 1st Floor
- GR Game Room 3rd Floor

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p><b>Transportation</b> Transportation for Doctors' Appointments; Tuesday &amp; Thursday 9am - 3pm Excluding the 3rd Thursday of the month.</p> <p><b>Beauty Salon</b> <b>Open Tuesdays 10:00 - 5:00</b> Call Starr for an Appointment 214-454-4169</p>					<p>1</p> <p>9:30 <span style="color: green;">YR</span> St. Francis of Assisi Communion 10:00 <span style="color: red;">GR</span> Chess Group with Sadra 11:00 <span style="color: red;">MC</span> BASICS Training with Ron 1:30 <span style="color: blue;">LO</span> Mexican Train with Cheri 1:30 <span style="color: purple;">2</span> Rummikub 3:00 <span style="color: blue;">LO</span> Sing-Along with Marge &amp; Don 6:00 <span style="color: blue;">LO</span> Dominoes 6:15 <span style="color: green;">YR</span> Book Club with Holden 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>2</p> <p><b>Happy Birthday Deanna!</b> 9:30 <span style="color: red;">MC</span> Exercise 10:00 <span style="color: red;">MC</span> <b>Technology Classes with A.S.K.</b> 10:30 <span style="color: purple;">2</span> Rummikub 10:30 <span style="color: red;">GR</span> Bunco 2:30 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:00 <span style="color: purple;">2</span> Rummikub</p>
<p>3</p> <p>10:00 <span style="color: green;">YR</span> Coffee Social with Friends 10:30 <span style="color: purple;">2</span> Rummikub 10:30 <span style="color: blue;">LO</span> <b>Spoons with Rahul</b> 1:15 <span style="color: red;">MC</span> <b>Church Service</b> 2:00 <span style="color: red;">GR</span> Bridge 2:30 <span style="color: red;">MC</span> <b>Afternoon Movie</b> 3:00 <span style="color: blue;">LO</span> Puzzle Time 6:00 <span style="color: blue;">LO</span> Dominoes</p>	<p>4</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: purple;">2</span> Rummikub 10:45 <span style="color: red;">GR</span> <b>Brain Games with Lisa</b> 12:45 <span style="color: purple;">2</span> <b>Prayer Group with Wanda &amp; Dolores</b> 1:30 <span style="color: red;">GR</span> Bridge 1:30 <span style="color: purple;">2</span> Bunco 6:00 <span style="color: blue;">LO</span> Dominoes 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>5</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: blue;">LO</span> Knitting Group 10:30 <span style="color: purple;">2</span> Rummikub 1:45 <span style="color: red;">GR</span> <b>10c Bingo</b> 3:30 <span style="color: blue;">LO</span> <b>Social Hour with Anne Hinson</b> 6:00 <span style="color: purple;">2</span> Rummikub 6:30 <span style="color: blue;">LO</span> Puzzle Time</p>	<p>6</p> <p><b>Happy Birthday Charlene!</b> <b>Ash Wednesday</b> 9:30 <span style="color: red;">MC</span> Exercise with Karen 9:30 <span style="color: blue;">OT</span> Walmart 10:30 <span style="color: blue;">LO</span> Skip Bo 1:00 <span style="color: blue;">LO</span> Gregg on Piano 1:30 <span style="color: blue;">OT</span> Errands 2:00 <span style="color: blue;">OT</span> Walking Group 3:00 <span style="color: blue;">LO</span> Activity Planning with Karen 3:30 <span style="color: blue;">LO</span> Jovi the Therapy Dog 3:30 <span style="color: blue;">LO</span> Poker Game with Wayne 3:30 <span style="color: red;">MC</span> Wii Bowling 6:30 <span style="color: red;">MC</span> Movie Night with Eric</p>	<p>7</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: blue;">LO</span> <b>Health Talk with Michelle - Diabetes</b> 11:30 <span style="color: blue;">OT</span> <b>Out to Lunch Bunch - Olive Garden</b> 2:00 <span style="color: blue;">LO</span> <b>Music Hour with Mike on Piano</b> 3:15 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:30 <span style="color: red;">GR</span> <b>Bible Study</b></p>	<p>8</p> <p>9:30 <span style="color: green;">YR</span> St. Francis of Assisi Communion 10:00 <span style="color: red;">GR</span> Chess Group with Sadra 11:00 <span style="color: red;">MC</span> BASICS Training with Ron 1:30 <span style="color: purple;">2</span> Rummikub 1:30 <span style="color: blue;">LO</span> Mexican Train with Cheri 3:00 <span style="color: blue;">LO</span> Hymn Sing with Marge, Don &amp; Pastor Bob 6:00 <span style="color: blue;">LO</span> Dominoes 6:15 <span style="color: green;">YR</span> Book Club with Holden 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>9</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:00 <span style="color: purple;">2</span> <b>Art Class with Manasa</b> 10:30 <span style="color: purple;">2</span> Rummikub 10:30 <span style="color: red;">GR</span> Bunco 2:30 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:00 <span style="color: purple;">2</span> Rummikub</p>
<p>10</p> <p>10:00 <span style="color: green;">YR</span> Coffee Social with Friends 10:30 <span style="color: blue;">LO</span> <b>Spoons with Rahul</b> 10:30 <span style="color: purple;">2</span> Rummikub 1:15 <span style="color: red;">MC</span> <b>Church Service</b> 2:00 <span style="color: red;">GR</span> Bridge 2:30 <span style="color: red;">MC</span> <b>Afternoon Movie</b> 3:00 <span style="color: blue;">LO</span> Puzzle Time 6:00 <span style="color: blue;">LO</span> Dominoes</p>	<p>11</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: purple;">2</span> Rummikub 10:45 <span style="color: red;">GR</span> <b>Brain Games with Lisa</b> 12:45 <span style="color: purple;">2</span> <b>Prayer Group with Wanda &amp; Dolores</b> 1:30 <span style="color: purple;">2</span> Bunco 1:30 <span style="color: red;">GR</span> Bridge 6:00 <span style="color: blue;">LO</span> Dominoes 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>12</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:00 <span style="color: purple;">2</span> <b>Craft Group with Dominique</b> 10:30 <span style="color: purple;">2</span> Rummikub 1:45 <span style="color: red;">GR</span> <b>10c Bingo</b> 3:30 <span style="color: blue;">LO</span> <b>Social Hour with Jessie Frank</b> 6:00 <span style="color: purple;">2</span> Rummikub 6:30 <span style="color: blue;">LO</span> Puzzle Time</p>	<p>13</p> <p>9:30 <span style="color: blue;">OT</span> Walmart 9:30 <span style="color: red;">MC</span> Exercise with Karen 10:30 <span style="color: blue;">LO</span> Skip Bo 1:00 <span style="color: blue;">LO</span> Visit with Bailey the Therapy Dog 1:00 <span style="color: blue;">LO</span> Gregg on Piano 1:30 <span style="color: blue;">OT</span> Errands 2:00 <span style="color: blue;">OT</span> Walking Group 3:00 <span style="color: blue;">LO</span> Chef Chat with Max 3:30 <span style="color: red;">MC</span> For the Love of Art 3:30 <span style="color: blue;">LO</span> Poker Game with Wayne 6:00 <span style="color: blue;">LO</span> Family Night - St. Patrick's</p>	<p>14</p> <p>9:30 <span style="color: red;">MC</span> Exercise 11:00 <span style="color: blue;">LO</span> <b>Toy stuffing for Children in Safe House - with Judy</b> 2:00 <span style="color: blue;">LO</span> <b>Music Hour with Mike on Piano</b> 3:15 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:30 <span style="color: red;">GR</span> <b>Bible Study</b></p>	<p>15</p> <p>9:30 <span style="color: green;">YR</span> St. Francis of Assisi Communion 10:00 <span style="color: red;">GR</span> Chess Group with Sadra 10:00 <span style="color: red;">GR</span> Garden Club with the Frisco Garden Club 11:00 <span style="color: red;">MC</span> BASICS Training with Ron 1:30 <span style="color: blue;">LO</span> Mexican Train with Cheri 1:30 <span style="color: purple;">2</span> Rummikub 3:00 <span style="color: blue;">LO</span> Sing-Along with Don &amp; Marge 6:00 <span style="color: blue;">LO</span> Dominoes 6:15 <span style="color: green;">YR</span> Book Club with Holden 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>16</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: purple;">2</span> Rummikub 10:30 <span style="color: red;">GR</span> Bunco 2:30 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:00 <span style="color: purple;">2</span> Rummikub</p>
<p>17</p> <p>10:00 <span style="color: green;">YR</span> Coffee Social with Friends 10:30 <span style="color: blue;">LO</span> <b>Spoons with Rahul</b> 10:30 <span style="color: purple;">2</span> Rummikub 1:15 <span style="color: red;">MC</span> <b>Church Service</b> 2:00 <span style="color: red;">GR</span> Bridge 2:30 <span style="color: red;">MC</span> <b>Afternoon Movie</b> 3:00 <span style="color: blue;">LO</span> Puzzle Time 6:00 <span style="color: blue;">LO</span> Dominoes</p>	<p>18</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: purple;">2</span> Rummikub 10:45 <span style="color: red;">GR</span> <b>Brain Games with Lisa</b> 12:45 <span style="color: purple;">2</span> <b>Prayer Group with Wanda &amp; Dolores</b> 1:30 <span style="color: purple;">2</span> Bunco 1:30 <span style="color: red;">GR</span> Bridge 6:00 <span style="color: blue;">LO</span> Dominoes 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>19</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: blue;">LO</span> <b>Reminiscing with John</b> 10:30 <span style="color: purple;">2</span> Rummikub 1:45 <span style="color: red;">GR</span> <b>10c Bingo</b> 3:30 <span style="color: blue;">LO</span> <b>Social Hour with Andy Luallen Comedian</b> 6:00 <span style="color: purple;">2</span> Rummikub 6:30 <span style="color: blue;">LO</span> Puzzle Time</p>	<p>20</p> <p>9:30 <span style="color: red;">MC</span> Exercise with Karen 9:30 <span style="color: blue;">OT</span> Walmart 10:30 <span style="color: blue;">LO</span> Skip Bo 11:00 <span style="color: blue;">LO</span> PHPH to visit for lunch 1:00 <span style="color: blue;">LO</span> Gregg on Piano 1:30 <span style="color: blue;">OT</span> Errands 2:00 <span style="color: blue;">OT</span> Walking Group 3:00 <span style="color: green;">YR</span> New Residents' Meet and Greet 3:30 <span style="color: blue;">LO</span> Poker Game with Wayne 3:30 <span style="color: red;">MC</span> Wii Bowling 6:30 <span style="color: red;">MC</span> Movie Night with Eric</p>	<p>21</p> <p><b>No Doctors' Appointments</b> 9:30 <span style="color: blue;">OT</span> <b>Dallas Blooms at The Arboretum</b> 9:30 <span style="color: red;">MC</span> Exercise 2:00 <span style="color: blue;">LO</span> <b>Music Hour with Mike on Piano</b> 3:15 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:30 <span style="color: red;">GR</span> <b>Bible Study</b></p>	<p>22</p> <p>9:30 <span style="color: green;">YR</span> St. Francis of Assisi Communion 10:00 <span style="color: red;">GR</span> Chess Group with Sadra 11:00 <span style="color: red;">MC</span> BASICS Training with Ron 1:30 <span style="color: blue;">LO</span> Mexican Train with Cheri 1:30 <span style="color: purple;">2</span> Rummikub 3:00 <span style="color: blue;">LO</span> Sing-Along with Don &amp; Marge 6:00 <span style="color: blue;">LO</span> Dominoes 6:15 <span style="color: green;">YR</span> Book Club with Holden 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>23</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:00 <span style="color: purple;">2</span> <b>Art Class with Manasa</b> 10:30 <span style="color: purple;">2</span> Rummikub 10:30 <span style="color: red;">GR</span> Bunco 2:30 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:00 <span style="color: purple;">2</span> Rummikub</p>
<p>24</p> <p>10:00 <span style="color: green;">YR</span> Coffee Social with Friends 10:30 <span style="color: blue;">LO</span> <b>Spoons with Rahul</b> 1:15 <span style="color: red;">MC</span> Church Service 2:00 <span style="color: red;">GR</span> Bridge 2:30 <span style="color: red;">MC</span> Afternoon Movie</p> <p>31</p> <p>10:30 <span style="color: blue;">LO</span> <b>Spoons with Rahul</b> 1:15 <span style="color: red;">MC</span> Church Service 2:00 <span style="color: red;">GR</span> Bridge 2:00 <span style="color: blue;">LO</span> 7 Notes Children's Performance 2:30 <span style="color: red;">MC</span> Afternoon Movie</p>	<p>25</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: purple;">2</span> Rummikub 10:45 <span style="color: red;">GR</span> <b>Brain Games with Lisa</b> 12:45 <span style="color: purple;">2</span> <b>Prayer Group with Wanda &amp; Dolores</b> 1:30 <span style="color: purple;">2</span> Bunco 1:30 <span style="color: red;">GR</span> Bridge 6:00 <span style="color: blue;">LO</span> Dominoes 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>26</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:00 <span style="color: purple;">2</span> <b>Craft Group with Dominique</b> 10:30 <span style="color: purple;">2</span> Rummikub 1:45 <span style="color: red;">GR</span> <b>10c Bingo</b> 3:30 <span style="color: blue;">LO</span> <b>Social Hour with Richard Barry</b> 6:00 <span style="color: purple;">2</span> Rummikub 6:30 <span style="color: blue;">LO</span> Puzzle Time</p>	<p>27</p> <p><b>Happy Birthday Honey!</b> 9:30 <span style="color: blue;">OT</span> Walmart 9:30 <span style="color: red;">MC</span> Exercise with Karen 10:30 <span style="color: blue;">LO</span> Skip Bo 1:00 <span style="color: blue;">LO</span> Gregg on Piano 1:30 <span style="color: blue;">OT</span> Errands 2:00 <span style="color: blue;">OT</span> Walking Group 3:00 <span style="color: blue;">LO</span> Town Hall Meeting 3:30 <span style="color: red;">MC</span> Wii Bowling 3:30 <span style="color: blue;">LO</span> Poker Game with Wayne 6:30 <span style="color: red;">MC</span> Movie Night with Eric</p>	<p>28</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: blue;">LO</span> Adult Coloring 10:30 <span style="color: red;">MC</span> <b>Current Events with Rabbi Wolk</b> 2:00 <span style="color: blue;">LO</span> <b>Birthday Party with Mike on Piano</b> 3:15 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:30 <span style="color: red;">GR</span> <b>Bible Study</b></p>	<p>29</p> <p>9:30 <span style="color: green;">YR</span> St. Francis of Assisi Communion 10:00 <span style="color: red;">GR</span> Chess Group with Sadra 11:00 <span style="color: red;">MC</span> BASICS Training with Ron 1:30 <span style="color: purple;">2</span> Rummikub 1:30 <span style="color: blue;">LO</span> Mexican Train with Cheri 6:00 <span style="color: blue;">LO</span> Dominoes 6:15 <span style="color: green;">YR</span> Book Club with Holden 6:30 <span style="color: red;">MC</span> Wii Bowling</p>	<p>30</p> <p>9:30 <span style="color: red;">MC</span> Exercise 10:30 <span style="color: red;">GR</span> Bunco 10:30 <span style="color: purple;">2</span> Rummikub 2:30 <span style="color: red;">GR</span> <b>10c Bingo</b> 6:00 <span style="color: purple;">2</span> Rummikub</p>

# March 2019

## Our Mission Statement



WE SERVE OUR ELDERS.  
WE OFFER UNCONDITIONAL LOVE.  
WE NURTURE PERSONAL GROWTH.  
WE CELEBRATE LIFE.  
WE MAKE A DIFFERENCE.

### YOUR MANAGEMENT TEAM

Executive Director-----Robin Payne  
Office Supervisor-----Angie Galvan  
Marketing Director-----Robin Mewbourne  
Assisted Living Director-----Sam Vaughn  
Dining Services Director-----Max Khan  
Resident Services Director-----Karen Rowlett  
Maintenance Director-----Willie Houston

## "This Month In History" MARCH

**1912:** With a troop of 18 girls, Juliette Gordon Low founds the American Girl Guides in Savannah, Ga. The organization is now known as the Girl Scouts.

**1921:** To protect the mineral-rich thermal waters of central Arkansas, Congress establishes Hot Springs National Park.

**1939:** March Madness is born when the first NCAA men's basketball championship tournament is played.

The University of Oregon won the title over Ohio State University.

**1941:** The superhero Captain America first appears in a comic book.

**1958:** Perry Como's hit song "Catch a Falling Star" is awarded the first gold record by the Recording Industry Association of America after selling 1 million copies.

**1964:** The TV quiz show "Jeopardy!" debuts.

**1974:** The price of a U.S. first-class postage stamp is raised from 8 cents to 10 cents.

**1990:** Track and field Olympian Jesse Owens is posthumously awarded the Congressional Gold Medal by President George H.W. Bush.

**2000:** Julia Roberts is paid \$20 million to play the title role in the movie "Erin Brockovich." The record salary made her the highest-paid actress at the time.

**2007:** Italian sports car manufacturer Ferrari celebrates its 60th anniversary.

**2018:** Box office ticket sales make "Black Panther" the highest-grossing superhero film in U.S. history.